

Midtown Health Center & Madison Medical Clinic

Who may use the services?

Any Person with Diabetes:

- Newly diagnosed
 - Difficulty with control
 - Experiencing a life change
 - Onset of new complications
 - Gestational Diabetes
 - Desire for more education
- OR
- Any Person with Pre-Diabetes

How do I get started?

Contact Midtown Health, or ask your healthcare provider to contact us for more information.

What services do you offer?

- **Diabetes Group Class:** open to the public, free of charge, please call for class times and to reserve your spot (limited class size)
- **Diabetes Prevention Program:** open to the public, must meet pre-diabetes criteria, one-year program, \$50 deposit
- **Private Education Sessions:** only available to clients of MHC/MMC, no additional charge
- **Diabetes Education Blog:**

www.midtownhealthtips.wordpress.com

Who should I contact?

- Amanda Christenson, Registered Nurse
- Sister Lumen, Registered Nurse & Nutritionist

Diabetes Services

¿ Hablas español? Nuestra clínica ofrece intérpretes.

Contact Info

Phone: 402-371-8000

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www.midtownhealthne.org

